

Betaine	11mg	
Vitamin A, RAE	399µg	
Carotene, beta	4681µg	
Carotene, alpha	101µg	
Cryptoxanthin, beta	74µg	
Vitamin A, IU	7982IU	160%
Lycopene	5794µg	
Lutein + zeaxanthin	1721µg	
Vitamin E (alpha-tocopherol)	11mg	37%
Tocopherol, gamma	1mg	
Vitamin K (phylloquinone)	163µg	204%
Fatty acids, total saturated	1g	7%
16:0	1g	
18:0	1g	
Fatty acids, total monounsaturated	5g	
18:1 undifferentiated	5g	
Fatty acids, total polyunsaturated	7g	
18:2 undifferentiated	7g	
Phytosterols	200mg	
Leucine	1g	
Valine	1g	
Arginine	1g	
Aspartic acid	1g	
Glutamic acid	2g	
Glycine	1g	